



## APA 7th – quick guide

### What is this guide for?

- A brief introduction to the APA 7<sup>th</sup> referencing format, always check with your tutor for the exact format required for your work.
- See LEAP Online guidance for more information and examples:



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### In-text citations

In-text citations go in the main body of assignments each time you reference from a information source. It is a short indication which include the author and the year of publication e.g. (Gray, 2024, p.12). For direct quotes you should always include a page number, it is good practice to also do this when paraphrasing.

For sources with three or more authors or editors, cite the first author followed by et al., for example (Crimes et al., 2023). Include all authors in the reference list.

If you use two different sources in the same citation then you can separate them with semi colons, in chronological order, for example (Petrovic, 2025; Lord, 2026).

### Reference list or Bibliography

Full details of all the sources you referenced in-text should then be set out in the Reference List at the end of your assignment. All lines which follow the first line in each reference should be indented half an inch (1.27cm) from the left margin. This is referred to as hanging indentation.

#### Book (Print)

Author. (Year). *Title italicised*. Edition. Publisher.

Eysenck. M. W., & Keane, M. (2020). *Cognitive psychology: a student's handbook* (8th ed.). Routledge.

#### Book (Online)

Author. (Year). *Title italicised*. Edition. Publisher. DOI/URL (only include if there is a DOI or if it is an open access book, otherwise do not include URL)

Reber, R. (2020). *Psychology: the basics* (2nd ed.). Routledge.

OR

Dawson, M. R. W. (2022). *What is cognitive psychology?* AU Press.  
<https://doi.org/10.15215/aupress/9781771993418.01>

### **Edited Book**

Editor. (Ed/s.) (Year). *Title italicised*. Edition. Publisher.

Davis, E. B., Worthington, E. L., & Schnitker, S. A. (Eds.). (2022). *Handbook of Positive Psychology, Religion, and Spirituality*. Routledge.

### **Chapter or section of edited book**

Author. (Year). Title of Chapter. In Editor. (Ed/s.), *Title italicised*. (Edition., pp. Pages). Publisher.

Garvey, B. (2025). Mentoring and Coaching. In Hargie, O. (Ed.), *The handbook of communication skills* (5th ed., pp. 487-514). Routledge.

### **Journal article (Online)**

Author. (Year). Title. *Journal italicised*, Volume(Issue), Pages. DOI or URL

Allen, R., Kannangara, C., Vyas, M., & Carson, J. (2023). European university students' mental health during Covid-19: Exploring attitudes towards Covid-19 and governmental response. *Current Psychology*, 42(23), 20165–20178. <https://doi.org/10.1007/s12144-022-02854-0>

### **Webpage**

Author or Organisation. (Date last updated or copyright date) *Title italicised*. URL

American Psychological Association. (2024, March). *Using psychology to understand and fight health misinformation*.  
<https://www.apa.org/pubs/reports/health-misinformation>

OR

Allocca, C. (2025, 10 September). *Imposter syndrome: the quiet companion of new counselling graduates*. <https://www.bacp.co.uk/news/news-from-bacp/blogs/2025/blogs-and-vlogs/10-september-imposter-syndrome/>

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## **Acknowledging Generative AI Output**



If you have been permitted to use Generative AI in your assignment, please use the following guidance to correctly acknowledge output using the UGM AI Literacy Framework.

**If you would like further library support or if you have any questions, please email [Library@GreaterManchester.ac.uk](mailto:Library@GreaterManchester.ac.uk) or scan the QR code to visit the Library website:**

